

Volunteer Request List April 2, 2024

If you can assist with any of the following requests, please reach out to Emily Sanderson at (802) 751-0431.

Home Delivered Meal Drivers and Mealsite Support Needed:

#### **CRAFTSBURY CARE CENTER:**

Craftsbury Care Center is actively looking for Home Delivered Meal Drivers. All routes are available for permanent and substitute drivers. Mileage is reimbursed and a background check is required. Please call (802) 751-0431 for details.

#### Greensboro/Hardwick:

The Greensboro Nursing Home and Hardwick area is looking for Substitute Home Delivered Meal Drivers. There is the Hardwick route every other week on Fridays. As well as the Multi-Town route for alternating weeks on Mondays and Wednesdays. Mileage is reimbursed and a background check is required. Please call (802) 751-0431 for details.

#### **Grocery Delivery and Transportation Needs:**

## Albany:

Female client is hoping to have some help in taking apart a sectional couch (3 sections), and then be brought to the dump for disposal. The client has the factory instructions to take the couch apart too, if needed.

## East Burke:

Female client is looking for someone to help her pack belongings into boxes in preparation for a move. Client is on oxygen and needs to take frequent breaks.

## Lyndonville

A female client would like help to transport laundry items to and from the dry cleaners. She is homebound and also looking for some assistance in mending some clothes (resources and/or hands on help is appreciated).

#### Lunenburg

Male client is hoping to have someone assist him in bringing bags of pellets into his home from outside storage area, at least once per week.

# St. Johnsbury

Female client is looking for a volunteer to go gather grocery items and run small errands 1-2 times per month.

# **TECH FOR TODAY**



Our *Tech for Today* program aids our elder community members by helping them clear technology hurdles using computers, tablets, cell phones, and the Internet. YOU DON'T NEED TO BE A TECHNO-GEEK TO HELP US!

We are seeking volunteers to assist us in growing our Tech for Today support network. If you can patiently take others through a phone call when they lose their internet connection, or a phone conversation to help to pay a cable bill, give us a call.

For more information and to apply to volunteer, contact our Tech for Today Coordinator, Neil Glassman, by email on <a href="mailto:nglassman@nekcouncil.org">nglassman@nekcouncil.org</a> or phone (802) 745-2284. Volunteers are required to complete a background check and volunteer travel mileage is reimbursed.

## WE NEED WELLNESS LEADERS

Are you also interested in serving as a wellness leader or volunteer to provide wellness activities in clients' homes? Training is provided in Fall Prevention Tai Chi and the Arthritis Foundation Exercise Program. Questions? Contact Brooke Brown (802) 751-0428.

Thank you!